



Mendip Integrated Health & Wellbeing

West Hub

Equipment to help you

*Working alongside the five GP surgeries in
Street, Glastonbury and Wells*

VINE  SURGERY
Partnership

GLASTONBURY
Health Centre




WELLS CITY PRACTICE

 Wells Health Centre
www.wellshealthcentre.co.uk

Equipment to help you

There is a wide range of equipment and technology available that you can use in the home or when you are out and about to make life easier and help you keep safe and independent. This includes helping you move around the home, get in and out of the bath or help you contact someone for support.

Some equipment can be obtained via Adult Social Care or the NHS. Alternatively, equipment can be purchased privately.

Private Purchase

This is not an exclusive list and we are not recommending these shops.

Pieces of equipment can be privately purchased to aid your independence. There are numerous online shops, or some high-street shops available in Street, Wells and Shepton Mallet:

- Mendip Mobility: 146 High Street, Street, Somerset, BA16 OER, 01458 448355
- Oakville Mobility: 32 St Cuthbert Street, Wells, Somerset, BA5 2AW, 01749 670765
- Life and Mobility Solutions; Haskins Retail Park, Shepton Mallet, BA4 5AX, 01749 343131
- www.medequip-uk.com-self-care

Red cross Mobility Aids Service - 01823 273746

The Red Cross loan toilet aids and wheelchairs to support people in the UK. Toilet aids include commodes, raised toilet seats, toilet frames and combined toilet frames with raised seat, Wheelchairs include self-propelled wheelchairs, transit wheelchairs (attendant propelled), bariatric wheelchairs and wheelchair accessories.

Adult social Care - 0300123 2224

If you have a long-term mobility issue or disability and require equipment or house adaptations, you can contact Somerset Direct on 0300 123 2224 to discuss your options.

Equipment to help you

Somerset Independent Living Centres (SILCs) - 0300 123 2224

Independent Living Centres have a range of equipment and technology to help you stay independent, both in the home or when out and about.

There are two Independent Living Centres in Somerset (Shepton Mallet and Wellington) where you can get advice, find out what kind of equipment is available, and even try some out for yourself. It's free to visit, but you'll need to make an appointment first. To book an appointment for an Independent Living Centre, please phone **0300 123 2224**.

If you are eligible to be provided with equipment from our community equipment service, an order is made so that you can collect it straight away, or it might be delivered if necessary. If it is agreed that you need follow up Occupational Therapy home visit, this can be arranged.

Community Rehabilitation Service (CRS) - 0300 124 5602 (opt 2)

CRS focus is on helping you to regain any lost skills and increase your levels of independence and well-being. CRS may be able to provide pieces of equipment as part of a mobility or falls assessment to help you to retain your independence. Or they may be able to provide equipment on a temporary basis to aid your rehabilitation following an operation or illness.

Somerset Village & Community Agents - 01823 273 746

Village end Community Agents provide confidential, practical community-based solutions for you, wherever you are in Somerset. Village Agents *may* be able to assist with alternative options for sourcing equipment, to contact your local agent, call **01823 331 222** or online at www.somersetagents.org.

For further assistance please contact the Integrated Health and Wellbeing Hub, details overleaf. There may be some grants available for equipment purchases.

Mendip Integrated Health & Wellbeing - West Hub Contacts

HUB Navigators - information, advice and guidance to health and wellbeing	Care Coordinators and Link workers	Discharge Reviewer - triage of hospital discharges	01458 553 025
Health Connectors - social prescribing and health coaching			01373 468 368

The Mendip Integrated Health and Wellbeing Hub works alongside the five GP surgeries in Street, Glastonbury and Wells.

The Hub is staffed 8.30am until 4.30pm Monday to Friday (*excluding Bank Holidays) and consists of:

- Navigators / Admin (information, advice, and guidance)
- Care Coordinators / Link Workers (supporting people with dementia, cancer, complex health conditions or living in a care home)
- Discharge Reviewer (Triage of hospital discharges)
- Social Prescribers (Health Connectors)
- Health Coaches (Health Connectors)

The Hub is overseen by a Registered Nurse (Office Manager).

The Mendip Integrated Health & Wellbeing Hub
c/o Vine Surgery, Hindhayes Lane, Street, Somerset, BA16 0ET. **Tel:** 01458 553025
Email: westmendip.symphony@nhs.net **Website:** yourhealthandwellbeing.org.uk

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