



# Mendip Integrated Health & Wellbeing

## West Hub

*How the Hub can help you*

*Working alongside the five GP surgeries in  
Street, Glastonbury and Wells*



**Discharge Reviewer:** Our Discharge Reviewer will triage patients recently discharged from hospital and contact those that may require additional support to ensure the right health and social care services are involved. **Referral via a health professional only.**

**Social Prescribers (Health Connectors):** Here to find out what matters to you and link you to services and support that can improve your health and wellbeing. Patients can self-refer for social prescribing support or a health care professional may make the referral for you.

**Health and Wellbeing Coaches (Health Connectors):** Here to help you get more active or lead a healthier lifestyle. They encourage you to take control of your health and support you in making long-term lifestyle changes. Patients can self-refer for health coaching or a health care professional may make the referral for you.

The Mendip Integrated Health & Wellbeing Hub c/o Vine Surgery  
Hindhayes Lane  
Street  
Somerset  
BA16 0ET  
01458 553025

[westmendip.symphony@nhs.net](mailto:westmendip.symphony@nhs.net) [www.yourhealthandwellbeing.org.uk](http://www.yourhealthandwellbeing.org.uk)

**Navigators:** A Navigator will offer information, advice and guidance. They may signpost you to another service within the Hub, or to a service within the NHS or local community.

**Dementia Link Worker:** Our Dementia Link Worker offers information, advice and guidance to patients and families at every stage; from initial memory loss concerns to post dementia diagnosis.

**Care Home Care Coordinator:** Our Care Homes Coordinator works alongside care homes to ensure care home residents have the right health care, social care and mental wellbeing professional are on hand.

**Cancer Link Worker:** Our Cancer Link Worker will listen to a patient's needs to ensure the correct services are involved in their care, both clinically and socially, following the 3 month and 12 month care reviews.

**Complex Care Coordinator:** Our Complex Care Coordinator works with the extended NHS services to organise multidisciplinary team (MDT) meetings, ensuring that the right health care, social care, and mental wellbeing professionals are on board. **Referral via a health professional only.**

# Mendip Integrated Health & Wellbeing - West Hub Contacts

HUB Navigators - information, advice and guidance to health and wellbeing	Care Coordinators and Link workers	Discharge Reviewer - triage of hospital discharges	<b>01458 553 025</b>
Health Connectors - social prescribing and health coaching			<b>01373 468 368</b>

The Mendip Integrated Health and Wellbeing Hub works alongside the five GP surgeries in Street, Glastonbury and Wells.

The Hub is staffed 8.30am until 4.30pm Monday to Friday (\*excluding Bank Holidays) and consists of:

- Navigators / Admin (information, advice, and guidance)
- Care Coordinators / Link Workers (supporting people with dementia, cancer, complex health conditions or living in a care home)
- Discharge Reviewer (Triage of hospital discharges)
- Social Prescribers (Health Connectors)
- Health Coaches (Health Connectors)

**The Hub is overseen by a Registered Nurse (Office Manager).**

**The Mendip Integrated Health & Wellbeing Hub**  
c/o Vine Surgery, Hindhayes Lane, Street, Somerset, BA16 OET. **Tel:** 01458 553025  
**Email:** westmendip.symphony@nhs.net **Website:** yourhealthandwellbeing.org.uk

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