



Mendip Integrated Health & Wellbeing

West Hub

Talking Cafés

*Working alongside the five GP surgeries in
Street, Glastonbury and Wells*



Talking Cafés – West Mendip

Talking Cafés are a place to meet new people, make friends and chat to a Health Connector (Social Prescriber) about activities, support groups and services in your local community.

Health Connectors (Social Prescribers) find out what matters to you and link you to services and support that can improve your health and wellbeing.

Our Talking Cafés run weekly in the following venues:

Street:

- First and third Wednesday of the month 10am - 12pm, Fondo Lounge at 107, High Street, Street, BA16 0EY
- Tuesday 10am – 12pm, Crispin Hall, Street. BA16 0EZ

Wells:

- Thursday 10am - 12pm, Bishop's Palace, Wells, BAS 2PD

Glastonbury:

- Mondays 10am - 12pm, St John Baptist's Church, High Street, Glastonbury, BAS 90R



There is no need to book, just pop along to enjoy a drink and chat.

Talking Cafés – Central & East Mendip

Frome:

- Mondays 10am - 11.30am, Cheese and Grain, Market Yd, Justice Ln. Frome, BA11 1BE.
- Thursday 1pm - 2.30pm, Coffee#1, 15-16 Westway Centre, Frome, BA11 1BS.

Coleford:

- Thursday 1pm - 2.30pm, The Hub, Old School, Church Street, Coleford, BA3 5NQ.

Shepton Mallet:

- Wednesday 10am - 12pm, The Art Bank, 13 High St, Shepton Mallet, BA4 5AD.

Evercreech:

- Thursday 2.30pm - 4pm, Evercreech Village Hall, Victoria Lane, Evercreech, Shepton Mallet, Somerset, BA4 5JP

Rode:

- First and third Tuesday of the month. 10.30am – 12.30pm, Rode Chapel, 47 High Street, Rode. BA11 6PB

Oakhill:

- 10.30am – 12pm, Ashwick and Oakhill Village Hall, Zion Hill, Oakhill. BA3 5AN

For more details about any of our Talking Cafes within Mendip, please call us on 01373 468368, option 3 or visit:

www.healthconnectionsmendip.org/support-for-you/groups-we-run/

Mendip Integrated Health & Wellbeing - West Hub Contacts

HUB Navigators - information, advice and guidance to health and wellbeing	Care Coordinators and Link workers	Discharge Reviewer - triage of hospital discharges	01458 553 025
Health Connectors - social prescribing and health coaching			01373 468 368

The Mendip Integrated Health and Wellbeing Hub works alongside the five GP surgeries in Street, Glastonbury and Wells.

The Hub is staffed 8.30am until 4.30pm Monday to Friday (*excluding Bank Holidays) and consists of:

- Navigators / Admin (information, advice, and guidance)
- Care Coordinators / Link Workers (supporting people with dementia, cancer, complex health conditions or living in a care home)
- Discharge Reviewer (Triage of hospital discharges)
- Social Prescribers (Health Connectors)
- Health Coaches (Health Connectors)

The Hub is overseen by a Registered Nurse (Office Manager).

The Mendip Integrated Health & Wellbeing Hub
c/o Vine Surgery, Hindhayes Lane, Street, Somerset, BA16 0ET. **Tel:** 01458 553025
Email: westmendip.symphony@nhs.net **Website:** yourhealthandwellbeing.org.uk

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